

Following on from the success of our Summer Workshop series, we are pleased to announce that we will be running another one of our popular sessions this October half-term.

As before, the workshop will be delivered online via Zoom and is suitable for families, school staff, and anyone who works with children.



"Supporting Children with Anxiety"

Wednesday 28th October 2020 @ 7pm

This workshop aims to help you to:

- Increase your understanding of what anxiety is
- Explore how anxiety presents in children and how it can affect them
- Explore useful tools and strategies that you can use to support children's needs

Tickets available for £5 per household via <https://www.eventbrite.co.uk/e/supporting-children-with-anxiety-an-online-course-for-parents-carers-tickets-126150560723>